

# **Experience San Diego**

From the world-renowned San Diego Zoo to sparkling beaches, bustling boardwalk, and a picturesque harbor, San Diego is a city where life is lived outdoors. Experience the best of this sun-kissed California jewel, as you sample San Diego's rich Genoese and Sicilian culture on an exclusive expert-lead walk through Little Italy, marvel at the architectural masterpieces and manicured landscapes of Balboa Park and discover one the wildest stretches of land on the coast, Torrey Pines State Natural Reserve.

Other trip highlights include a study cruise in San Diego's harbor, meeting the famous giant pandas at the San Diego Zoo, enjoying a musical recital, and learning about the National Historic Landmark Hotel del Coronado.

# This Seven-Day Trip to San Diego Includes:

- Round trip air from Detroit to San Diego and ground transportation from SVSU to Detroit.
- Six nights lodging at the four-star Courtyard by Marriott San Diego Mission Valley.
- 14 Meals six breakfasts, three lunches and five dinners.
- All admission fees and instructors as outlined on the itinerary.
- Road Scholar's Travel Assistance Plan.
- Pre-trip dinner at SVSU.
- All gratuities











# **Our Lodging**

The Courtyard by Marriott Mission Valley is a newer facility which opened a few years ago. Its 317 spacious rooms feature luxurious Marriott bedding, 32" HDTV with premium channels, refrigerators, complimentary WiFi throughout the hotel, iron/ironing board, and hair dryers. The hotel has a heated pool and spa, the Bistro restaurant, Starbucks, 24/7 market, and a fitness studio.



# Our Program Provider

Our program provider for this trip is Road Scholar, formerly known as Elderhostel, a not-for-profit organization founded in 1975 to provide lifelong learning opportunities for adults. Their mission is to empower adults to explore the world's places, people, cultures, and ideas, and in so doing to discover more about themselves. They offer nearly 8,000 educational adventures a year in more than 90 countries. Road Scholar was also our travel provider on our New York City, New Orleans, San Antonio and Tucson trips which received rave reviews. We have also added many upgrades on this trip that are not typically included on the public San Diego trip as an added value for our charter group.

ROAD SCHOLAR



# **Trip Itinerary**

## Day One: Sunday, January 4

We'll depart SVSU via motorcoach for a flight from Detroit to San Diego. After registering and getting our room assignments, we'll gather for dinner at the hotel followed by an orientation session. (D)

## Day Two: Monday, January 5

Our day begins with breakfast in the hotel followed by a presentation by a local historian about the military's influence in transforming San Diego into a city with the largest Navy and Marine Corps complex in the United States. After the lecture, we'll travel to San Diego Bay for a two-hour harbor cruise. This narrated harbor excursion shows how closely the city is tied to its maritime heritage. The excursion covers Harbor and Shelter Islands, Point Loma, Cabrillo National Monument, North Island Navel Air Station, the Submarine Base, as well as the Coronado Bridge. After an included lunch we'll travel to Little Italy where you'll experience San Diego's rich Genoese and Sicilian history on a guided walking tour. At one time, more than 6,000 Italian families lived in Little Italy and toiled to build San Diego into the center of the world tuna industry. We'll enjoy wine tasting and dinner at an Italian restaurant in Little Italy. (B/L/D)

## Day Three: Tuesday, January 6

After breakfast at the hotel, you'll learn about the development of the barrio and Chicano Park and be introduced to the history of San Diego's Hispanic community. We then head to Chicano Park for a guided tour. Steeped in a rich history and vibrant culture, the residents of the barrio take great pride in who they are and what they have accomplished. This pride has manifested itself in a series of murals painted in the center of Chicano Park. Lunch will be on your own at the Coronado Ferry Landing. In the afternoon we visit Hotel De Coronado, one of the most recognizable features of San Diego. Beginning construction in 1887, it was built as a premier resort for the wealthy and has quite a famous guest list. It is one of the oldest and largest all-wooden buildings in California. Upon the return to our hotel, Alex and Pam McGeary, a husband and wife team of sustainable vintners from Warner Springs Ranch, will discuss the science of growing grapes and producing wines in a completely sustainable way. Samples will be provided! Our dinner will be at the hotel. (B/D)

#### Day Four: Wednesday, January 7

After breakfast at the hotel, a long-time friend of the San Diego Zoo will give a presentation and set the stage for the day's excursion to the Zoo. The world-famous San Diego Zoo, in Balboa Park, is one of the largest, most progressive zoos in the world with over 4,000 animals of more than 800 species. It is privately operated by the nonprofit Zoological Society on 100 acres of parkland leased from the City of San Diego. You have the entire day to explore the zoo. Lunch will be on your own in Balboa Park. Dinner tonight will be back at the hotel and you will have your evening at leisure. (B/D)

#### Day Five: Thursday, January 8

Following breakfast at the hotel, we head via motor coach to La Jolla for an educational ranger-led exploration of Torrey Pines State Natural Reserve. The Reserve is located within San Diego city limits and yet remains one of the wildest stretches of land on the Southern California coast. 2000 acres of land are as they were before San Diego was developed with the chaparral plant community, the rare and elegant Torrey pine trees, miles of unspoiled beaches, and a lagoon that is vital to migrating seabirds. Prior to lunch in La Jolla, we will learn about the highlights of the town through a motor coach drive-by. After lunch, we head to the Birch Aquarium at Scripps. Its mission is to provide ocean science education, to interpret Scripps research, and to promote ocean conservation. The Aquarium promotes conservation through education and research, believing that with increased understanding of the ocean, people will respect and protect the marine environment. Dinner will be on your own tonight. (B/L)

## Day Six: Friday, January 9

Following breakfast, there will be a cooking demonstration led by the two head chefs from San Diego State University. Past trip participants have rated this a "five star" experience. It will include a discussion of how foods complement one another and how the fusion of foods can create a whole new experience of flavors. Individual tastings will also be provided. After lunch at the hotel you have the rest of the day to explore San Diego on your own. After our farewell dinner, the performers from the Department of Music and Dance at San Diego State University will entertain us. (B/L/D)

## Day Seven: Saturday, January 10

After breakfast at the hotel, we depart for the San Diego airport. After landing at the Detroit airport, we head to SVSU via motor-coach and arrive back in the early evening. (B)



## **General Information**

#### **Information & Reservations:**

Call the SVSU-OLLI office at 989-964-4475. The office is open Monday - Friday from 8 a.m. - 4:30 p.m.

#### **Reservation Deadline:**

There is no specific reservation deadline, however this trip will likely be popular, so early registration is encouraged.

#### **Activity Level:**

Road Scholar rates this a MODERATE activity level trip, meaning participants should feel comfortable walking up to one mile over uneven terrain and be able to stand for up to one hour.

#### **Weather Projections:**

Our weather should be comfortable in early January with average highs in the mid-60s and average lows around 50.

#### **Trip Insurance:**

It is highly recommended that you purchase trip cancellation insurance. You will be sent insurance information upon receipt of your initial deposit, or you may purchase insurance on your own. Our package does include Road Scholar's Travel Assistance Plan, which includes AIF Travel Assist and guarantees that you will be taken care of in the unlikely case of a medical emergency.

#### **Trip Sponsor:**

This educational travel experience is offered by the SVSU Osher Lifelong Learning Institute (OLLI). OLLI was established in 2001 as an educational resource of Mid-Michigan adults who are 50 years of age or better. The Institute offers classes, educational excursions, and social opportunities. For more information about membership call 989-964-4475 or visit our website: www.svsu.edu/olli.

# San Diego January 4-10, 2015 Registration

Registration
Name
(exactly as it appears on driver's license)
Roommate's Name
Address
City
StateZip
Email
Home phone
Cell Date of Birth
Roommate's Phone Number
Trip Costs  □ \$2,449 OLLI Members (double occupancy)  □ \$2,509 Non-Members (double occupancy)  □ \$290 Single Supplement (Non-member fee includes OLLI membership for 2014-15)  Please note, there may be an additional charge for airline imposed tax & fuel surcharges.  Deposit & Payment Schedule  \$500 will hold your spot; the final balance is due October 1, 2014. Your deposit is refundable until September 1, less a \$20 processing fee. After September 1, the cancellation policies of Road Scholar and our airline will need to be considered.
Payment Method
☐ Check (payable to SVSU) Amount Enclosed
Credit Card: □Visa □ MasterCard □ American Express □ Discover
Card Number
Expiration Date
Cardholder's Name

### Three Ways to Register:

- Call (989)964-4475
- Fax the registration form to (989)-964-2656
- Mail form with payment to: OLLI of SVSU 7400 Bay Road University Center, MI 48710